



Mid-career Seminar Series

[Workshop RSVP](#)

ISU ADVANCE: Advancing from Associate Professor to Professor

This workshop is for faculty seeking promotion from Associate Professor to Professor and the academic leaders and mentors who support them. Workshop participants will learn about strategies and successful pathways to build a case for promotion from a panel of professors of varying backgrounds. Faculty will meet in groups to discuss college-level requirements and expectations. Workshop participants will leave this session better equipped with the knowledge needed to assess when to seek promotion and how to execute a plan to demonstrate the excellence and impact of one's work.

Presenters: Tera Jordan, Assistant Provost for Faculty Success; ISU ADVANCE Team; and a panel of faculty

Date September 26, 2024
Time 2:00 p.m. - 3:30p.m.
Location Room 3560,
Memorial Union

So you want to be an academic leader?

Intended for aspiring academic leaders, this workshop will highlight a variety of leadership roles that exist within the Division of Academic Affairs. A panel of Iowa State leaders will reflect on what drew them to seek a leadership position, the scope of their responsibilities, and the benefits and challenges of their roles. The panel will share information on external programs and resources for developing leaders. Attendees will leave this workshop better able to evaluate whether a leadership position is aligned with their long-term goals, then organize and execute a plan to prepare for service.

Presenters: Dawn Bratsch-Prince, Associate Provost for Faculty; Tera Jordan, Assistant Provost for Faculty Success; and a panel of leaders

Date April 15, 2025
Time 9:30 a.m. - 11:00 a.m.
Location Cardinal Room,
Memorial Union

ncfdd

Supported by the Office of the Senior Vice President and Provost, Iowa State is an institutional member of the [ncfdd](#), an independent faculty development center dedicated to supporting academics in making successful transitions throughout their careers. Iowa State faculty, staff, postdocs, and graduate students are eligible for an individual membership free of cost. Learn more about your [complimentary ncfdd institutional membership](#).



[ncfdd login](#)

Overcoming Academic Perfectionism

Do you struggle to share your writing at the early stages because it's not perfect? Do you find yourself devastated by criticism of your work? Do you beat yourself up every time the tiniest thing goes wrong? Is it difficult for you to celebrate other people's success because it reminds you of your own shortcomings? In this webinar, perfectionists will unite to get clear about:

- The causes and consequences of excessive perfectionism.
- The features of academic life that intensify perfectionism
- Strategies to identify when your perfectionism is at work, assess whether it is useful or debilitating, and adjust your standards and behavior accordingly
- The secret to finding real satisfaction in every step of the writing process

Date September 13, 2024
Time 1:00 p.m. - 2:30 p.m.
Location Web seminar

14-day Writing Challenge

The 14-Day Challenge is an opportunity for you to experiment with daily writing, online community, and supportive accountability. It's very simple:

- You commit to write every day for at least 30 minutes.
- At the beginning of your writing time, you login to our online community, start the timer, complete your writing, and post your progress at the end.
- You take 5 minutes to support other writers in your group by commenting on their progress.

Date October 7-20, 2024
Time N/A
Location N/A

How to Engage in Healthy Conflict

Academics are notoriously conflict avoidant and the inability to manage conflict can result in negative physical, emotional, and relational consequences for tenure-track faculty. So why not learn early in your career to master the SKILL of healthy conflict so that you can effectively manage conflicts as they arise and avoid carrying around all of the negative energy, anger, and resentment in your mind and body.

Date October 10, 2024
Time 1:00 p.m. - 2:30 p.m.
Location Web seminar

How to Effectively and Efficiently Revise and Resubmit Your Manuscript

Receiving a "revise and resubmit" from an academic journal can be exciting... yet daunting. In this webinar, Dr. Haley Horstman will use principles of narrative theory to guide you in how to effectively and efficiently approach an "R&R." You will consider how to tell "the story" of your revision and resubmission. We will discuss how to develop your own system to manage overwhelm, organize reviewers' feedback, strengthen your manuscript for resubmission, and write a compelling letter to the editor/reviewers.

Date October 22, 2024
Time 1:00 p.m. - 2:30 p.m.
Location Web seminar

Beyond Burnout: Faculty Well-being: Individual and Institutional Approaches

On many campuses, the mental health and well-being of students is a top priority - but what about faculty and staff? If faculty working conditions are student learning conditions, we have to be taking care of faculty and staff well-being as well. In this workshop, we'll examine the definition of burnout, learn about the characteristics and consequences of burnout experiences, and look through the lenses of purpose, compassion, connection, and balance for strategies to directly address faculty well-being.

Date November 15, 2024
Time 1:00 p.m. - 2:30 p.m.
Location Zoom meeting

Mentoring Matters: Putting Programs into Action

Mentoring can play a pivotal role in supporting faculty members' success, job satisfaction, and career advancement. However, developing and maintaining successful mentoring programs can be challenging! In this 75-minute live discussion panel, we will highlight how three universities have created and sustained successful mentoring programs on their campuses. In addition to learning about these programs, we will invite each panelist to share valuable advice on how faculty, administrators, and staff can launch and lead mentoring programs at their own colleges and universities. The final portion of the program will feature a Q&A session with our audience. We hope you can join us!

Date November 19, 2024
Time 1:00 p.m. - 2:30 p.m.
Location Zoom meeting