



## Term Faculty Seminar Series

[Workshop RSVP](#)

### ISU ADVANCE:

#### Advancing Your Term Career

This workshop is for term faculty seeking advancement and the academic leaders and mentors who support them. Presenters will share best practices in developing a case for advancement. Faculty participating in this workshop will become more informed on policies, requirements, and expectations for seeking advancement. They will also be equipped with tools and information for building a strong portfolio that exhibits excellence. Faculty will have an opportunity to network after the workshop presentations conclude.

**Date** December 10, 2024  
**Time** 9:30 a.m. - 11:00 a.m.  
**Location** Room 3560,  
Memorial Union

Presenter: Tera Jordan, Assistant Provost for Faculty Success

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### *ncfdd*

Supported by the Office of the Senior Vice President and Provost, Iowa State is an institutional member of the [ncfdd](#), an independent faculty development center dedicated to supporting academics in making successful transitions throughout their careers. Iowa State faculty, staff, postdocs, and graduate students are eligible for an individual membership free of cost. Learn more about your [complimentary ncfdd institutional membership](#).



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#### Overcoming Academic Perfectionism

Do you struggle to share your writing at the early stages because it's not perfect? Do you find yourself devastated by criticism of your work? Do you beat yourself up every time the tiniest thing goes wrong? Is it difficult for you to celebrate other people's success because it reminds you of your own shortcomings? In this webinar, perfectionists will unite to get clear about:

**Date** September 13, 2024  
**Time** 1:00 p.m. - 2:30 p.m.  
**Location** Web seminar

- The causes and consequences of excessive perfectionism.
- The features of academic life that intensify perfectionism
- Strategies to identify when your perfectionism is at work, assess whether it is useful or debilitating, and adjust your standards and behavior accordingly
- The secret to finding real satisfaction in every step of the writing process

## 14-day Writing Challenge

The 14-Day Challenge is an opportunity for you to experiment with daily writing, online community, and supportive accountability. It's very simple:

- You commit to write every day for at least 30 minutes.
- At the beginning of your writing time, you login to our online community, start the timer, complete your writing, and post your progress at the end.
- You take 5 minutes to support other writers in your group by commenting on their progress.

**Date** October 7-20, 2024  
**Time** N/A  
**Location** N/A

## How to Engage in Healthy Conflict

Academics are notoriously conflict avoidant and the inability to manage conflict can result in negative physical, emotional, and relational consequences for tenure-track faculty. So why not learn early in your career to master the SKILL of healthy conflict so that you can effectively manage conflicts as they arise and avoid carrying around all of the negative energy, anger, and resentment in your mind and body.

**Date** October 10, 2024  
**Time** 1:00 p.m. - 2:30 p.m.  
**Location** Web seminar

## How to Effectively and Efficiently Revise and Resubmit Your Manuscript

Receiving a "revise and resubmit" from an academic journal can be exciting... yet daunting. In this webinar, Dr. Haley Horstman will use principles of narrative theory to guide you in how to effectively and efficiently approach an "R&R." You will consider how to tell "the story" of your revision and resubmission. We will discuss how to develop your own system to manage overwhelm, organize reviewers' feedback, strengthen your manuscript for resubmission, and write a compelling letter to the editor/reviewers.

**Date** October 22, 2024  
**Time** 1:00 p.m. - 2:30 p.m.  
**Location** Web seminar

## *Beyond Burnout: Faculty Well-being: Individual and Institutional Approaches*

On many campuses, the mental health and well-being of students is a top priority - but what about faculty and staff? If faculty working conditions are student learning conditions, we have to be taking care of faculty and staff well-being as well. In this workshop, we'll examine the definition of burnout, learn about the characteristics and consequences of burnout experiences, and look through the lenses of purpose, compassion, connection, and balance for strategies to directly address faculty well-being.

**Date** November 15, 2024  
**Time** 1:00 p.m. - 2:30 p.m.  
**Location** Zoom meeting

## *Mentoring Matters: Putting Programs into Action*

Mentoring can play a pivotal role in supporting faculty members' success, job satisfaction, and career advancement. However, developing and maintaining successful mentoring programs can be challenging! In this 75-minute live discussion panel, we will highlight how three universities have created and sustained successful mentoring programs on their campuses. In addition to learning about these programs, we will invite each panelist to share valuable advice on how faculty, administrators, and staff can launch and lead mentoring programs at their own colleges and universities. The final portion of the program will feature a Q&A session with our audience. We hope you can join us!

**Date** November 19, 2024  
**Time** 1:00 p.m. - 2:30 p.m.  
**Location** Zoom meeting